

# Flourish

"...one of the best choices you could ever make in high school."  
 ~Gracy, Sophomore

"I loved Flourish. I truly feel like I understand myself and my strengths so much more. Not only has it boosted my confidence, but I feel a lot more driven to accomplish my goals. I have a vision for how I want my future to be, and I'm going to use all of the skills I learned to make it come true." ~Serissa, Senior

"I come out of this program confident that I will be a good leader, and someone who can inspire and help others. I think every girl should go through this course once in their life, it really is eye opening." ~Gabey, Junior

**When:** 6 Sessions: 9:00am—2:30pm  
 2/2, 2/16, 3/2, 3/16, 3/30, 4/4

**Who:** Girls Only: 10<sup>th</sup> – 12<sup>th</sup> grade

**Where:** Allegheny Intermediate Unit

**Cost:** 75 Registration Fee + 140 Lab Fee

**Included:**

- DiSC Profile & StrengthsQuest (a \$65 value)
- 30+ hours of training & development
- Flourish Deluxe Workbook (102 pages)

**Register:** <http://apprenticeships.aiu3.net/programs/41>

**Questions:** Valerie Faust: [vfaust@inta-great.com](mailto:vfaust@inta-great.com)



**Flourish, a leadership training & confidence building program for high school girls, is one of the best investments you can make in your daughter's future.**

Bruce Tulgan, internationally recognized as one of the leading experts on young people in the workplace, says the following about Generation Z (those born from 1995—2012):

**"There is a growing nontechnical skill gap among the emerging young workforce. The basics of responsibility, problem solving, time management, and interpersonal communication are way too often missing in the new young workforce...This requires an ongoing process of teaching personal conduct, work habits, and the conduct of working relationships."**

In other words, **Generation Z needs leadership development.** And high school is just the time to start. A 2012 Leadership Insights survey about next generation leadership found that:

**90% of the 492 professionals surveyed believed that leadership development should start before age 18.**

**TOPICS**

LEADERSHIP DEFINED DISCOVER YOUR STRENGTHS STRONGER TOGETHER	VALUES AND YOU DIFFICULT DECISIONS
TRUTH ABOUT BEAUTY BEYOND WORDS	VISION & GOAL SETTING TIME MANAGEMENT
REAL FRIENDS & RELN MENTORING MATTERS	THE BIG PICTURE ...AND ACTION!

